Curriculum Vitae



Dr. Univ.- Ehsan Fotouhi Ardekani

Gender: Male
Date of Birth: 20.05.1984
Place of Birth: Yazd (Iran)
Nationality: German
Languages: Fluent in Farsi, German and also familiar with English and Arabic

Field of Study:

Medical doctor, Psychiatrist, Psychotherapist.
Working in the field Psychiatry, Psychotherapy and Psychosomatic.

Last Certificate:

Medical Doctor 2019
(Working in the field Psychiatry, Psychotherapy, Psychosomatic, Neuropsychiatry)
Specialist, Psychiatrist und Psychotherapist 2024
Senior Psychiatrist (Oberarzt), Specialized Department of Psychiatry, University specialized Clinic, Oldenburg, Germany

Issued By:

Niedersachsischer Zweckverband (Germany)
Aerzterkammer Niedersachsen (Germany)

Date of Issue:

13.05.2019
27.05.2024

Job Titles:

Doctorate of Medicine,
Psychiatrist, Psychotherapist, Working in the field of Psychiatry, Psychotherapy and Psychosomatic,
Oberarzt, University Clinic.
Member of European Psychiatric Association;
Member of the Iranian Society of Professors and Specialists in Germany;
Member of VIHA (Germany);
Member of Marburger Bund (Germany);

Exclusive Representative and Scientific-Educational and Research;
Partner of University Specialized Hospital Oldenburg, Germany
Inventor and instructor of the first and only collection of virtual education in the field of psychiatry.

Education

Name of School	*Years*	*Education Level*
Yazd Islamic Education Society Seyed Al-Shohada Complex	*1991-1998*	*Elementary*
Jaber Bin Hayan	*1996-1998*	*Intermediate*
Shahed	*1998-2001*	*High School & Pre University*
Yazd Ali Ibn Abi Taleb Medical School	*2001-2008*	*University*

Experience

Place	*Years*	*Job Title*
Fatemeh Zahra Hospital (Qeshm)	*2009-2012*	*Physician (Private Clinic)*
Psychiatry Hospital (The. University of Medical Sciences)	*2012-2015*	*Specialty*
Specialized Psychiatric Hospital WHV Clinic	*2016-2019*	*Specialty Psychiatry Psychotherapy & Psychosomatic, Neuropsychiatry (Affiliated to University of Gottingen – Germany)*
Carl Jasper Specialized Psychiatric University Hospital	*2019- To Present*	*Specialty Psychiatry Psychotherapy & Psychosomatic, Neuropsychiatry (Affiliated to University of Carl von Ossietzky – Germany)*

Published Book

-Evaluation of Stress in infertile Women
-Investigating the Causes of Mathematical Progress

Scientific Studies

- Survey on the Preventive Effect of Allopurinol and Vitamin E from occurrence of ARF pro CABG Surgery; 2004-200
- Study of Physician-Psychologist Relations with Patient; 2005-2007
- Research on Cardiac Surgery Patients duration in ICU with or without Free Radical Treatment; 2006-2007
- Research on a Extreme Rare Case of Stromasalpingia; 2008
- Study of PETS and Asthma Relations in Children; 2007-2008
- Comprehensive Survey on Struma Ovary (Review Article); 2008
- Presentation of a New Model of Stem Cells in terms of Fertility of Infertile Women from Epithelial Cells around the Ovary; 2008
- Research on Addiction and Psychiatric Causes and Ways to Reduce the Spread in the Treatment of Addicts; 2011-2013
- Research on Autism; 2012-2014
- Survey on Stress - Why and How it Occurs in Children; 2013
- Logotherapy; 2013

Research and Articles

(Published and/or under study)
- Prevention of Acute Renal Failure Subsequent to Coronary Artery Bypass Graft Surgery (CABG) in Diabetic Patients with Administration of Allopurinol and Vitamin E.
(*) Published in OFOGH-E-DANESH Research-Scientific Journal – Acceptance only in the form
of lecture or poster presentation at national or international conferences with attached documents)
- Survey on Yazd Medical Interns Knowledge in respect to Sharia and Legal Laws on Medicine
and related Factors in 2007
(*) Acceptance by presentation at Shiraz Tenth Conference in May-June 2018 – Published in the
Conference Book and also the Scientific Journal of Education Research in Medical Sciences
- A Report on Extreme Rare Case of Tubular Stroma with Ovarian Stroma and Stromosis
(*) Published in Golestan Scientific Research Journal of the University of Medical Sciences
- Evaluation of Clinical and Paraclinical Symptoms and Vernal Conjunctivitis Complications
(*) Under reviews for Publication
- The Effect of Food Interests in 6-12 year Children and their Obesity Process Relevant Factors
(*) Under Publication by Scientific Journal of Education Research in Medical Sciences
- Accuracy of Ultrasound in Benign from Malignant Hepatic Masses Discrimination
(*) Acceptance in the form of presentation at Orumieh Conference in October 2008 – Published
in the Conference Book
- Evaluation of the Effectiveness of Physician-Psychologist Relationship with Patient

(*) Acceptance in the form of presentation at Tabriz International Conference May 2008 – Published in the Conference Book
- Epidemiological Study of Toxoplasmosis Infection of Mothers and their Infants at Yazd Maternity
(*) Acceptance in the form of presentation at Tehran International Conference in October 2008 -
Published in the Conference Book
- Which Type of Neurofibromatosis? A Rare Case Report
(*) Under review for publication
- Effects of Education by Physician on Children Attachments Aged 6-12 years Old: 5-10
(*) Published in the Research-Scientific Journal of Neurology
- Presenting A Case Study – A Patient with Tubulointerstitial Nephritis and Uveitis: 5-11
(*) Published in Shahid Sadoughi Scientific Research Journal of University of Medical Sciences
in Yazd
- Influence of Physiological Factors on Thyroid Size Determined by Ultrasound: 5-12
(*) Under review for publication in ISI Journal)
- Effects of Allopurinol and Vitamin E on Renal Function in Patients with: 5-13
Cardiac Coronary Artery Bypass Grafts
(*) Published in ISI Journal entitled: 'Vascular Health and Risk Management Journal'
(*) Acceptance in the form of lecture at WASET International Conference in Singapore in 2009 -
Published in the Conference Book
- Cytomegalovirus. Epidemiological study of infection in mothers and their infants at Yazd Medical Centre
(*) Acceptance in the form of presentation at Tehran International Conference October 2008 –
Published in the Conference Book
- Introduction of A Rare Case of Pancreatic Tumor (Malignancies)
(*) Acceptance in the form of presentation at Orumieh Conference October 2008 - Published in
the Conference Book
- Up-to-Date Review of Cystic Ovarian Cancer Among Women Aged 18 to 72 Years
(*) Acceptance in the form lecture at Tonekabon Blood and Oncology Conference and selected
as first article of Congress in December 2008 – Published in the Conference Book
- Effect of Group Logo Therapy on Increasing Mental Health of Cerebral Palsy Children's Mothers
(*) Published at National Health Policy Research Center
- Influence of Communicational Skills Considering Mothers Attachment Toward Child
- Self-Aiding Enhancement and Stress Decrease in Autistic Children Mothers with High Functional Ability
(*) Published at National Health Policy Research Center
- The Comparison of Mental Health between Autistic Children Mother's and Normal Children

Mothers
(*) Published at National Health Policy Research Center

Executive/Practical Skills

- In 2006 to the suggestion of Yazd Ali Ibn Abi Taleb Medical School Vice Chancellor of Education I was selected as Honourary Lecturer to educate 'diabetes' and further, to present new method of education to medical students. This was highly considered by many. The new method of education was based on understanding via presentation of scientific and schematic shapes and explanation of cause and effect relations and perhaps the first time it was propounded as escape material needed a better understanding.
- During internship and aside from my own field of study I was able to carry out practical studies
particularly in terms of Clinical Trial Studies such as allopurinol, vitamin E, etc.
- Recent study on creating a new method of education for medical students on the basis of objective observation and prompt entrance of students to patient clinical therapy.
- Membership of scientific nuclei from 31.10.1999 till 21.09.2000 as ordinary member and further from 22.09.2000 till 27.01.2005 as active member until date.
- Scientific research nuclei activities
- Along with membership of Scientific Nuclei and extracurricular activities including Management of Student Councils and Associations, (I passed Osweh plan) I was studying and
carrying out research during professional doctoral as a student of medical science at Yazd Hospital i.e. including specialized and sub-specialized centers. Also, as well as visiting patients
I was able to earnestly supervise over conducting various types of retrospective, prospective and
clinical trials studies until I was admitted. My best prosperities was carried at Afshar Yazd Cardiovascular Surgery Specialised Centre and at same time I continued activities at the research core of the university and also was the research supervisor of Clinical Trial of Coronary Artery Bypass Graft (CABG) caring for cardiac surgery patients.
- Tehran Radio Entertainer
- Instructor of Psychiatric Disorders Workshop – Tehran University Institute of Psychology
-Chairman of virtual Institute in the field Psychiatry, Psychotherapy and Psychosomatic.

Participation in Congress, Conference, etc.

- Dresden International Conference on Psychotherapy – Germany 2019
-ECT International Workshop – Germany 2017
-rTMS vir. Conference –Germany 2020
-Addiction Medicine – Germany 2020
-Autisem – Germany 2020
-Elderly Medicine – Germany 2020
-Depression and rTMS – Germany 2020
-Therapy resistant, Depression – Germany 2020

- Sixth National Conference on Medical Sciences of Iran
- 13th (Thirteenth) International Conference on Medical Sciences
- Second International Conference on Women, Obstetrics and Fertility/Infertility
- 8th (Eighth) National Congress of Blood and Oncology of Urmia
- Tonekabon National Blood and Blood Diseases Congress
- Sixth Yasuj Mental Health Seminar
- The Second New Congress of Endocrinology and Metabolism of Isfahan
- 2nd (Second) Congress of Anesthesiology and Intensive Care of Cardiovascular and Thoracic
Yazd
- Yazd Quran and Medicine Conference
- Shiraz Medical Education Congress
- 11th (Eleventh) Tehran Heart Congress
- 13th (Thirteenth) International Congress of Medical Sciences
- World Academy of Science, Engineering and Technology Singapore 2009
- 20th (Twentieth) International Congress of Pediatrics
- 2nd (Second) International Heart Failure Summit
- Congress of Health Policy Research Centre

Scientific Membership

- Member of Europian Psychatric Assosiation
-Marburger Bund – Germany
-VIHA – Germany
-Ärytekammer Niedersachsen – Germany
-Member of Research Team – University Clinic for Psychiatry – KJK - Germany
- Yazd Medical Scientific Association membership (Ali Ibn Abitaleb Medical School); development of research method working groups for students of basic sciences earlier than scheduled and evaluation of method effectiveness
- Member of student research committee of Yazd Shahid Sadoughi (Sub-Specialised) Hospital
- Member of the Cardiovascular Research Centre of Yazd Afshar (Specialised) Hospital
- Member of the Stem Cell Committee of Yazd Afshar (Specialised) Hosptial
- Collaboration with undergraduate students in learning research methods
- Member of Young Researchers Club

Future Studies

- Evaluation of Oocyte and Embryo Quality in PCOS Patients under ART Cycle Treatment
- The Relationship of Pets with Chronic Allergic Symptoms
- Treatment of Infertility Using Epithelial Cells Around The Ovaries of Postmenopausal Women
- Evaluation of the Effects of Diabetes Treatment with Watermelon
- Injection of Stem Cells into the Infarcted Areas of the Heart
- Study on the Effect of Cilostazol on the Negative symptoms of schizophrenia

- Autism and New Methods of Treatment
- Spiritual Therapy in Transsexualism
- Logotherapy

Other Skills

- Skilled in stating new ideas about Stem Cells
- Proficiency in English and Arabic
- Skilled in application of statistical tests such as SPSS, Stata, EPI, EPI Data, Power Point, MS
Excel, MS Word, Photoshop, etc.
- Skilled in managing clinical trial plans, cohorts, etc.
- Develop plans and to hold conferences
- Strategic plan to manage conferences and research treatment centres
- Research on causes of drug use prevalence at young age
- Prevention of addiction by non-medication method
- The relationship of addiction with sexually transmitted diseases and reduction of harms
- Participation in the Behavioural Diseases Prevention Plan
- Addicts' family therapy working groups
- Coping Skills and life Skills
- Workshop tutor

Hobbies

- Research and study
- playing golf, tourism
- Education
Email: Dr.Ehsanfotouhi@gmail.com